

Le Cheile day
St. Dominics College, Cabra

What we did?

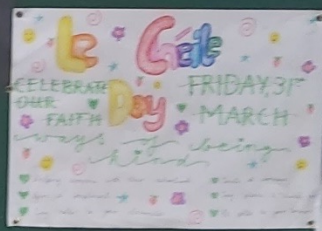
- We were influenced by the sermon at the Knock symposium on the 3 simplest ways of celebrating our faith i.e. be kind, be kind, be kind. Each student wrote a positive affirmation about themselves or about a person who is kind to them. Another option was a positive affirmation that they connect to. These were written on post its and a display was made from these.
- TYs also made the poster The art of kindness which we displayed.
- 1st years and 6LCA made posters advertising the day. These were displayed around the school
- Teachers looked after each other by paying it forward with small gifts or a free class etc.
- Sr. Collette from the Dominicans spoke to 2nd years and TYs about the Dominican founding story
- Religion teachers presented information on Le Cheile in class
- See photos below

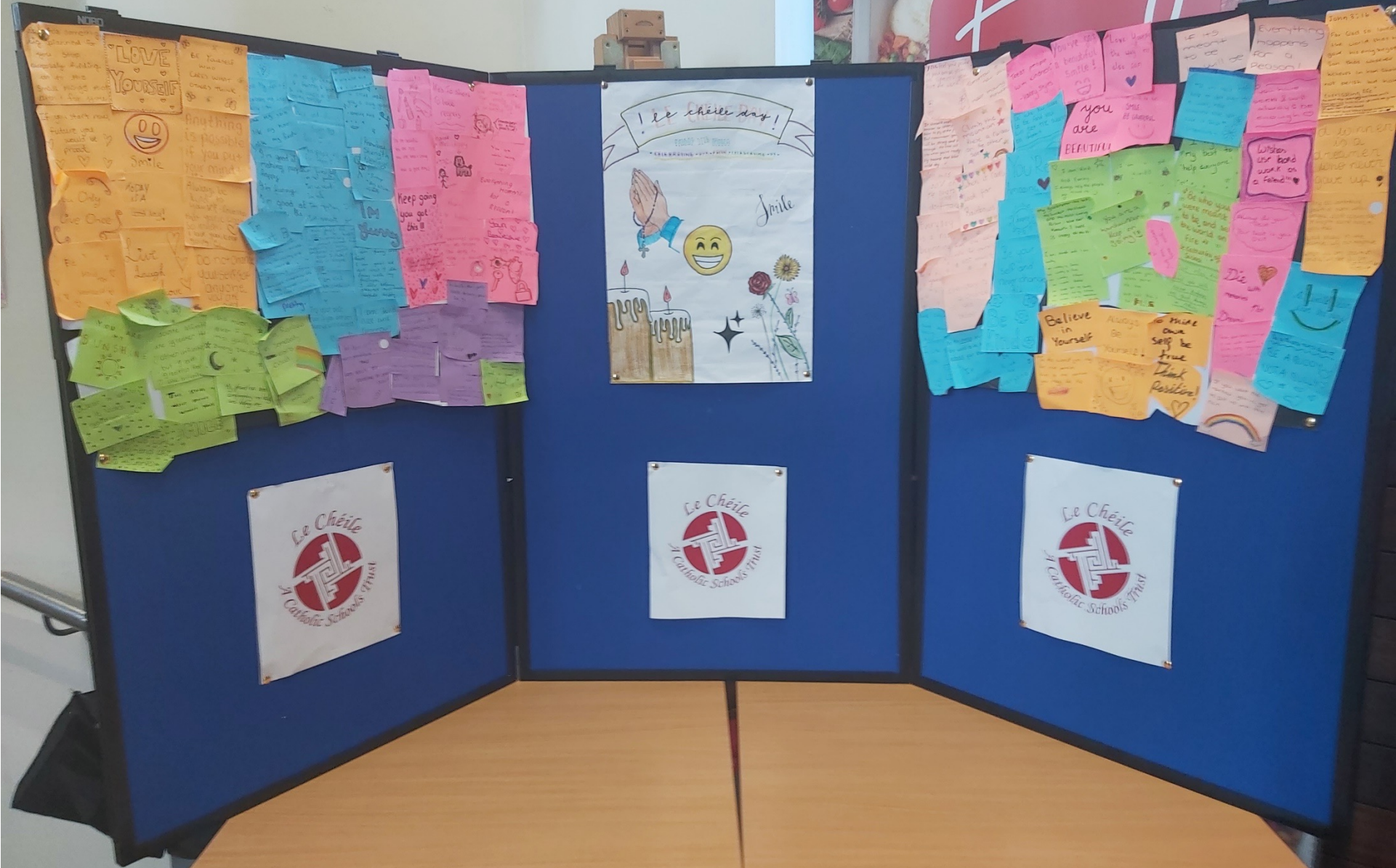




A collection of colorful posters and cards pinned to a green board. The posters include:

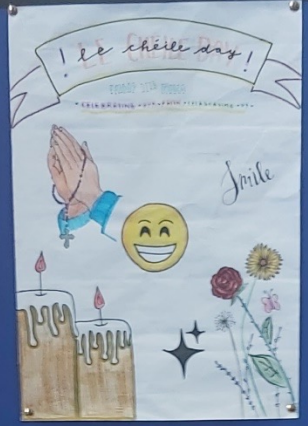
- BE KIND TO YOURSELF**: A yellow poster with a large 'L' shape made of smaller cards.
- Smiles**: A purple poster with a large 'L' shape.
- YOU'RE AWESOME**: A blue poster with a large 'L' shape.
- YOU ARE**: A pink poster with a large 'L' shape.
- HELL O YOU**: A yellow poster with a large 'L' shape.
- IT'S ALL ABOUT PERSPECTIVE TAKE A BREATH**: A yellow poster with a large 'L' shape.
- Love is Love**: A green poster with a large 'L' shape.
- BE KIND**: A yellow poster with a large 'L' shape.
- YOU CAN BE WHO YOU WANT TO BE**: A pink poster with a large 'L' shape.
- Be the rainbow in someone's cloud**: A yellow poster with a large 'L' shape.
- BE KIND TO YOURSELF**: A purple poster with a large 'L' shape.





LOVE Yourself
Smile
Anything is possible if you put your mind to it
Keep going you got this!
Believe in Yourself
Be your own self be true
Be positive
Stay happy
Be kind
Be brave
Be confident
Be yourself
Be a winner
Be a champion
Be a star
Be a hero
Be a leader
Be a role model
Be a inspiration
Be a motivation
Be a dreamer
Be a doer
Be a believer
Be a fighter
Be a warrior
Be a warrior princess
Be a warrior prince
Be a warrior king
Be a warrior queen
Be a warrior lord
Be a warrior lady
Be a warrior knight
Be a warrior princess
Be a warrior prince
Be a warrior king
Be a warrior queen
Be a warrior lord
Be a warrior lady
Be a warrior knight

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Be a fighter
Be a warrior
Be a warrior princess
Be a warrior prince
Be a warrior king
Be a warrior queen
Be a warrior lord
Be a warrior lady
Be a warrior knight



you are BEAUTIFUL
Believe in Yourself
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Be kind
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THE ART OF KINDNESS

Kindness is a gift
that costs nothing
but enriches the lives
of others.

Nothing is impossible
if you only believe
it.

You are
EXACTLY
where you
need to be.

LOVE
TIME.

Power is not
taken by force
but by the heart.

Work hard
because you
never know
when you'll
need it.

If you see someone
without a smile,
give them
yours!

With your
smile,
you can
change
the world.

BE KIND

Don't let anyone
steal your
dreams.

It is not the length of the journey
that matters,
but the direction.

Make someone
smile every day,
but never
forget to smile
yourself.

THE KINDLE
DAY

Be Kind
Be Kind
Be Kind

Keep the fire of
kindness.

Live
Laugh
Love

Brighter

Everything
Happens for a
Reason!

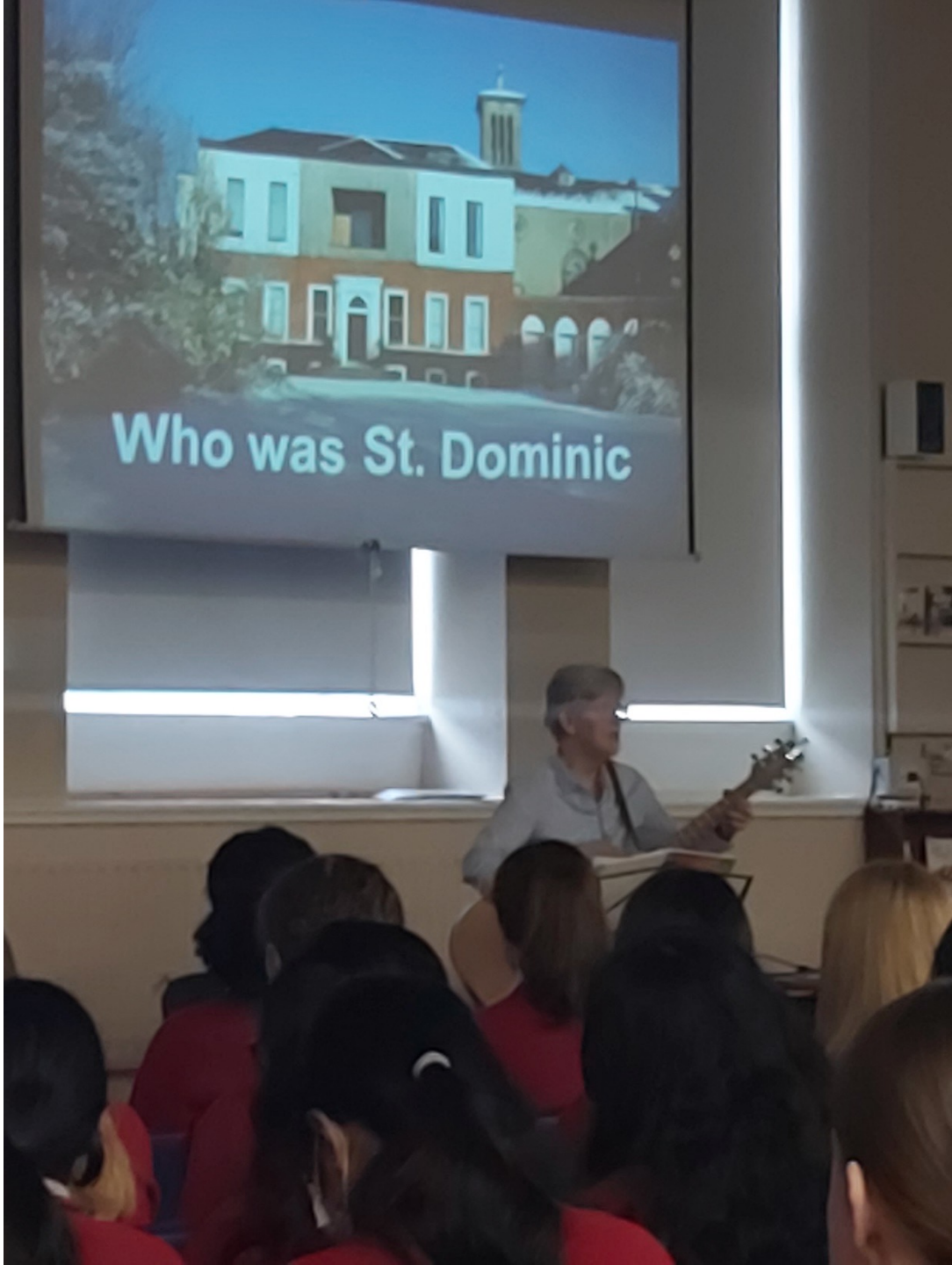
Business is Free
Sprinkle
that stuff
EVERYWHERE

Be Kind
to
ALWAYS









Galway 1644

Cabra 1717

Sion Hill 1836

Dun Laoghaire
1847

Falls Road 1870

Wicklow 1870

Eccles Street 1882

Map of Ireland showing various locations and dates:

- North Atlantic
- North Channel
- SCOTLAND
- LIFFORD
- NORTHERN MUCKROSS PK 1893
- Santa Sabina 1912
- Dominican Portstewart on Lond 1917
- Irish Sea
- Fort William PK 1930
- Ballyfermot 1955
- St. Rose's 1964
- WALES
- Celtic Sea
- MACGILLKIDDY'S PEAK

